**Reflection on INTASC 9: Reflection / Professional Growth**

Reflecting on the work that has been done and seeking out opportunities to grow professionally are signs of an efficient teacher. A teacher's ability to reflect on their work is an invaluable part of becoming a more efficient instructor. A teacher's willingness to seek opportunities to grow professionally is a strength that results in improved teaching, as well. A teacher's reflection on a lesson is incredibly important; each class period is completely different, and the ability to alter shortcomings allows an instructor to get the most of the time he or she has in the classroom. Seeking out opportunities to advance professionally can be done in multiple ways; for instance, reading articles published by educational journals will allow a teacher to stay up to date, and seeking out conferences will allow teachers to experience new methods of instruction. In the English classroom, reflection can be seen through evaluation of lessons that have been taught. For example, if I were to teach my first period class and discover many of the students are having trouble with the novel we are reading, I may find it necessary to do a summary with the rest of the classes reading that text, or at least have on readily available. Professional growth can be achieved by staying up to date in the field you are teaching, as well as staying up to date in educational practices. Membership in the NCTE (National Council of Teachers of English) provides resources to improve teaching. INTASC 9 is very important to the performance of students in the classroom. Reflection will ensure students are getting the best out of their lesson. Parts of lessons that did not work can be removed, while parts that work well can be given more time. Professional growth will help the instructor become a better teacher, and in turn improve the experience the students have in the classroom. Instructors needs to stay current in their field, and need to seek better ways to lead the classroom.